LAURA PUTNAM INTRO

[Laura Putnam](http://www.workplacewellnessthatworks.com/)**,** MA, author of the award-winning [Workplace Wellness That Works](https://www.amazon.com/Workplace-Wellness-that-Works-Organization/dp/1119055911/ref%3Dsr_1_1?ie=UTF8&qid=1434392978&sr=8-1&keywords=workplace+wellness+that+works), is CEO and founder of [Motion Infusion](http://www.motioninfusion.com/), a leading well-being provider. Her work has been covered by MSNBC, The New York Times, FOX News, US News & World Report, Entrepreneur, Business Insider, and NPR. She is a former urban public high school teacher, international community organizer, dancer, gymnast and now a movement-builder in the world of health and well-being. With a mission to get people and organizations “in motion,” Laura is a frequent keynote speaker and has worked with a range of organizations from Fortune 500s to government agencies to academic institutes and nonprofits. She is a member of the Google Vitality Lab, serves on the Everside Strategic Advisory Committee and is a contributor to Journal of Compensation and Benefits. In addition, she teaches at Stanford University, is the recipient of the American Heart Association's "2020 Impact" award as well as the National Wellness Institute’s “Circle of Leadership” award. A graduate of Brown University and Stanford University, Laura lives in San Francisco with her fiancé.